



**International Travel COVID-19 Requirements
New York, New Jersey, Connecticut and Massachusetts
January 6, 2021**

NOTICE: Effective **January 26, 2021**, all air passengers arriving in the U.S. from a foreign country, regardless of vaccination status, are required to get tested within **72 hours** of their flight departure. Travelers are required to provide proof of a negative COVID-19 test result or documentation of having recovered from COVID-19 to the airline before boarding the flight.

This order was issued by the CDC on January 12, 2021. It applies to all air passengers traveling into the U.S., including U.S. citizens and legal permanent residents.

Travelers must be tested no more than three days before the departure of their inbound US flight.

For more information on the CDC Order, please click [here](#) or call the CDC hotline at 800-232-4636.

TEST REQUIREMENTS:

- Travelers must be tested with a viral test (NAAT or antigen test) to determine if they are currently infected with COVID-19.
- Travelers must receive negative results and present verifiable documentation (paper or electronic copy) to board their flight.
- All air passengers, regardless of vaccination status, are required to provide a negative COVID-19 test result or documentation of recovery.

DOCUMENTATION OF RECOVERY:

- If a traveler has had a positive viral test in the past three months and has met the criteria to end isolation, they may travel with documentation of the positive viral test results and a letter from a healthcare provider or public health official that states they have been cleared for travel.

NEW YORK (full description here <https://coronavirus.health.ny.gov/covid-19-travel-advisory>):

- **Mandatory Traveler Health Form** upon arrival in New York – travelers who leave the airport without completing the form are subject to a fine.
- **Mandatory 10-day quarantine** for out-of-state travelers. Exemptions apply for essential workers.
 - Travelers from a noncontiguous state, US territory or **CDC level 2 or higher** travel health advisory can “**test out**” of the quarantine.
 - **Test Out Requirements:**
 - Must obtain a **negative COVID test (any type) within three days of departure**, prior to arrival in New York.
 - Upon arrival in New York, must **quarantine for three days**.

- On **day 4 of quarantine**, the traveler must obtain another **COVID test (any type) with negative results**, if both tests come back negative, the traveler may exit quarantine early
 - Travelers are not required to personally submit test results to the State of New York, however individual airlines may have other requirements.
- **NOTES**
 - Quarantine requirements do not apply to travelers who had a layover in an affected state or country.
 - Failure to comply with mandates may result in a civil penalty/fine.
 - **New York Department of Health** confirmed **any available COVID-19 test** is acceptable for “test out” requirements.

NEW JERSEY (full description here <https://covid19.nj.gov/faqs/nj-information/travel-and-transportation/which-states-are-on-the-travel-advisory-list-are-there-travel-restrictions-to-or-from-new-jersey#direct-link>):

- Travelers and residents returning from any U.S. state or territory beyond the immediate region (New York, Connecticut, Pennsylvania, and Delaware) should **self-quarantine** at their home, hotel, or other temporary lodging following [recommendations from the CDC](#):
 - If travel is unavoidable, travelers should consider getting tested with a viral test (not an antibody test) **1-3 days before** the trip and again **3-5 days after** the trip.
 - If travelers test **positive**, they should **self-isolate for at least 10 days** and should postpone travel during that time.
 - If travelers test **negative**, they should **quarantine for a full 7 days** after travel.
 - If testing is not available (or if the results are delayed), travelers should **quarantine for 10 days after travel**.
- New Jersey requests that anyone who travels to New Jersey from a state/territory outside the immediate region (New York, Connecticut, Pennsylvania, and Delaware) complete a [voluntary online survey](#) to provide information about where they are traveling from and their destination.

CONNECTICUT (full description here <https://portal.ct.gov/Coronavirus/travel>):

- **Mandatory Traveler Health Form** upon arrival in Connecticut – travelers who fail to complete the form are subject to a fine.
- **Mandatory 10-day quarantine for:**
 - Anyone traveling into Connecticut from a state or territory, other than New York, New Jersey, or Rhode Island, or from a country other than the United States.
- **International travelers must follow CDC recommendations for returning to the United States, for St. Barts, this means:**
 - **Obtain a viral test 1-3 days prior to returning to the U.S.**
 - **Upon return to the U.S., get tested within 3-5 days AND self-quarantine for 7 days after travel.**
 - Travelers can “test out” of the quarantine.
 - **Test Out Requirements:**

- Must obtain a **negative COVID test (RT-PCR) within 72 hours of departure**, prior to arrival in Connecticut and submit written proof to the Commissioner of Public Health via email to DPH.COVID-Travel@ct.gov.
 - If the test was obtained in the 72 hours and has not yet received results, they must quarantine until a negative result is submitted to the Commissioner.
- **NOTES**
 - Quarantine requirements do not apply to travelers who had a layover in an affected state or country.
 - Failure to comply with mandates may result in a civil penalty/fine.

MASSACHUSETTS (full description here <https://www.mass.gov/info-details/covid-19-travel-order>):

- **Mandatory Traveler Health Form** upon arrival in Massachusetts, unless traveling from a lower-risk state designated by the Department of Public Health.
- **Mandatory 10-day quarantine or Negative COVID-19 test (PCR) result** that was administered **within 72 hours of arrival** in Massachusetts.
 - If COVID-19 test results has not been received prior to arrival, visitors and residents must quarantine until they receive a negative test result.
 - **Travelers are not required to personally submit test results to the State of Massachusetts, but they must be able to present results upon request.**
 - **Individual airlines may have other requirements.**
- **NOTES**
 - Failure to comply with mandates may result in a civil penalty/fine.